

## **Worlebury St Paul's Church of England V.A. Primary School Personal, Social and Health Education (PSHE) and Citizenship Policy**

This policy should be taken as part of the overall strategy of the school and operated within the context of our vision, aims and values as a Church of England School.

### Aims and objectives

Personal, social and health education (PSHE) encompasses all areas designed to promote children's personal, social and health development. It gives children knowledge, skills and understanding that they need to stay healthy and safe, develop worthwhile relationships, respect differences, develop independence and responsibility, make the most of their own abilities and those of others. It is very closely linked with Every Child Matters and encompasses our work within Citizenship and S.E.A.L. It enables children to become healthy, independent and responsible members of society. We encourage our pupils to play a positive role in contributing to the life of the school and the wider community. In so doing we help develop their sense of self worth. We teach them how society is organised and governed. We ensure that they experience the process of democracy in school through the Children's Voice. We teach them about rights and responsibilities. They learn to appreciate what it means to be a positive member of a diverse multicultural society.

The aims of personal, social and health education and citizenship are to enable the children to:

- ❖ know and understand what constitutes a healthy lifestyle;
- ❖ be aware of safety issues;
- ❖ understand what makes for good relationships with others;
- ❖ have respect for others;
- ❖ be independent and responsible members of the school community;
- ❖ be positive and active members of a democratic society;
- ❖ develop self-confidence and self-esteem, and make informed choices regarding personal and social issues;
- ❖ develop good relationships with other members of the school and the wider community.

ICT makes a contribution to the teaching of PSHE and SEAL as children learn to work together in a collaborative manner. They develop a sense of global citizenship by using the Internet and e-mail. Through the discussion of moral issues related to electronic communication, children develop a view about the use and misuse of ICT, and they also gain a knowledge and understanding of the interdependence of people around the world. Therefore, it is of the utmost importance that e-safety is integral to PSHE as described in our e-safety policy.

### Teaching and learning style

We use a range of teaching and learning styles. We place an emphasis on active learning by including the children in discussions, investigations and problem-solving activities. We encourage the children to take part in a range of practical activities that promote active

citizenship, e.g. charity fundraising and the planning of school special events such as a worship. We organise classes in such a way that pupils are able to participate in discussion to resolve conflicts or set agreed classroom codes of behaviour. We offer children the opportunity to hear visiting speakers, such as health workers, police, and representatives from the local church, whom we invite into the school to talk about their role in creating a positive and supportive local community.

### PSHE , SEAL and citizenship curriculum planning

PSHE is taught through SEAL, (Social Emotional Aspects of Learning) weekly through timetabled lessons as well as through other subjects.

PSHE is taught mainly through SEAL (Social Emotional Aspects of Learning). SEAL helps children in their personal, social and emotional development. It brings together work we teach in our PSHE curriculum and each term a different topic is taught through the whole school. These topics are:

- ❖ New Beginnings-Term 1
- ❖ Getting on and Falling Out-Term 2
- ❖ Going for Goals-Term 3
- ❖ Good to be Me-Term 4
- ❖ Relationships-Term 5
- ❖ Changes-Term 6

There will be another topic during the school year called Say No to Bullying.

SEAL helps to develop children's self-awareness, motivation, social skills and managing feelings.

Some of the time we introduce PSHE and citizenship through other subjects, e.g. when teaching about local environmental issues in geography, we offer pupils the opportunity to explore who is responsible for the maintenance and upkeep of local parks and cycle paths. As there is a large overlap between the programme of study for religious education and the aims of PSHE and citizenship, we teach a considerable amount of the PSHE and citizenship through our religious education lessons.

We also develop PSHE and citizenship through activities and whole-school events, e.g. Children's Voice representatives from each class meet to discuss school matters.

### Foundation Stage

PSHE and citizenship in reception classes is taught discreetly but is also an integral part of the learning theme work covered during the year. As the reception class is part of the Foundation Stage of the National Curriculum, we relate the PHSE and citizenship aspects of the children's work to the objectives set out in the Early Learning Goals (ELGs). Our teaching in PHSE and citizenship matches the aim of developing a child's personal, emotional and social development as set out in the ELGs. We also support citizenship education in reception classes when we teach 'how to develop a child's 'Understanding of the World'.

## Teaching PSHE and citizenship to children with special needs

We teach PSHE and citizenship to all children, regardless of their ability. Our teachers provide learning opportunities matched to the individual needs of children with learning difficulties.

### Assessment and recording

Teachers assess the children's work in PSHE and citizenship by making informal judgements as they observe them during lessons. We have clear expectations of what the pupils will know, understand and be able to do at the end of each key stage.

Each year group keeps a portfolio of work done in PSHE. Children share the skills learned in PSHE during worships taken regularly by each class throughout the year. A sample of this is kept in the school SEAL folder.

### Resources

Resources for PSHE and citizenship are kept in the staff room and each class teacher also has a set of resources.

### Monitoring and review

The PSHE and citizenship subject leader is responsible for monitoring the standards of children's work and the quality of teaching. The subject leader supports colleagues in the teaching of PSHE and citizenship, by giving them information about current developments in the subject and by providing a strategic lead and direction for the subject in the school. The subject leader is also responsible for reporting to the head teacher, evaluating strengths and weaknesses in the subject and indicating areas for further improvement. The subject leader reviews samples of children's work and visits classes to observe teaching in the subject according to the monitoring cycle.

This policy will be reviewed according to Policy cycle.

**Signed: Natalie Cavaciutti**

**Date: 14.05.12**

**Equality Impact Assessment Review**

